CLAIMS

1. A compound of the formula I:

$$\begin{array}{c|c} CH_2 & CH & HN & CH_2 & C & (CHOH)_n & R \\ & & & & & & \\ SH & & & & & \\ COOH & & & & & \\ \end{array}$$

in which R is hydrogen when n=1-4, or methyl when n=0-3.

- A method of preparing a compound according to claim 1, comprising the reaction of
 cysteine with a sugar in either aqueous solution or in a mixture of water and water-miscible solvents.
 - 3. A method according to claim 2, in which the reaction is accelerated by heating, preferably to between 60° and 110°C.

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- 4. A method according to claim 2, in which the reaction is carried out in the presence of a buffer having a pH of from 1-9, preferably of from 2-6.
- 5. A method of conferring a meaty flavour or aroma on a foodstuff, comprising the addition to the foodstuff before heating of a compound according to claim 1.
 - 6. Use of a compound according to claim 1 to confer on a foodstuff a meaty flavour or aroma.